

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY 13<sup>th</sup> NOVEMBER 2017**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON.EGG. TOMATO, FRIED BREAD</b>	<b>POACHED EGGS</b>	<b>SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS</b>	<b>FRESH BAKED PASTRYS</b>	<b>SCRAMBLED EGGS</b>	<b>BACON ROLL</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>BAKED GAMMON WITH PARSLEY SAUCE, LYONNAISE POTATOES AND PEAS</b>	<b>BEEF BRAISED IN RED WINE, MASH POTATOES CABBAGE &amp; CARROTS</b>	<b>LAMB STEW AND DUMPLINGS WITH ROAST POTS CAULIFLOWER GREEN BEANS</b>	<b>COTTAGE PIE BROCCOLI &amp; SWEDE</b>	<b>FISH &amp; CHIPS WITH MUSHY PEAS</b>	<b>SAUSAGE, MASH, ONION GRAVY &amp; PEAS</b>	<b>ROAST PORK, APPLE SAUCE, ROAST POTATOES CABBAGE AND CARROTS</b>
<b>ALLERGY ADVICE</b>	<b>GL, MK</b>	<b>GL, SU, CE</b>	<b>GL, E,</b>	<b>GL, CE</b>	<b>GL</b>	<b>MK</b>	<b>GL</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD &amp; SPINACH GRATIN</b>	<b>CAULIFLOWER CHEESE</b>	<b>VEGETABLE LASAGNE WITH SALAD</b>	<b>CHICKPEA AND SPINACH CURRY AND RICE</b>	<b>BRAISED PORK WITH MASH AND VEGETABLES</b>	<b>PASTA BOLOGNISE &amp; GARLIC BREAD</b>	<b>GRILLED SALMON WITH NEW POTATOES</b>
<b>ALLERGY ADVICE</b>	<b>E MK</b>	<b>GL MK</b>	<b>GL, MK</b>		<b>GL</b>	<b>GL</b>	<b>F</b>
<b>DESSERT</b>	<b>RICE PUDDING WITH JAM</b>	<b>SPOTTED DICK</b>	<b>TREACLE PUDDING</b>	<b>PINEAPPLE PUPSIDE DOWN CAKE</b>	<b>WARM CHOCOLATE BROWNIE WITH WHIPPED CREAM</b>	<b>STICKY TOFFEE PUDDING</b>	<b>FRESH FRUIT CRUMBLE AND CUSTARD</b>
<b>ALLERGY ADVICE</b>	<b>GL, ML</b>	<b>MK, E, GL</b>	<b>E, MK, GL</b>	<b>E, MK, GL</b>	<b>E, M, GL</b>	<b>E, M, GL</b>	<b>M, GL</b>
<b>SUPPER</b>	<b>SAUSAGES &amp; CHIPS WITH BAKED BEANS</b>	<b>CHEESE AND BACON TART SALAD AND POTATO WEDGES</b>	<b>ASSORTED SANDWICHES</b>	<b>ASSORTED PASTIES</b>	<b>CHEESE AND POTATO PIE AND MIXED VEGETABLES</b>	<b>SPAGHETTI ON TOAST</b>	<b>ASSORTED SANDWICHES OR CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>E, MK, CR</b>	<b>GL.MK.CR</b>	<b>G, F</b>	<b>G; MK</b>	<b>GL</b>	<b>GL, E</b>
<b>DESSERT</b>	<b>MELON BALLS WITH FRUIT COULIS</b>	<b>FRUITY JELLY</b>	<b>FRESH FRUIT SALAD</b>	<b>CHOC MOUSSE</b>	<b>ICE CREAM</b>	<b>CRÈME CAMEL</b>	<b>PEACHES AND CREAM</b>
<b>ALLERGY ADVICE</b>				<b>GL, MK</b>	<b>MK, GL</b>	<b>MK, GL</b>	<b>MK</b>

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK =MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**CR =CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**