

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY 20<sup>th</sup> NOVEMBER 2017**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON.EGG. TOMATO, FRIED BREAD</b>	<b>POACHED EGGS</b>	<b>SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS</b>	<b>FREH BAKED PASTRYS</b>	<b>SCRAMBLED EGGS</b>	<b>BACON ROLLS</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL , E,SU</b>	<b>E</b>	<b>GL , E</b>	<b>GL,MK</b>	<b>E</b>	<b>SU,GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>CHICKEN &amp; MUSHROOM PIE, WITH MASH &amp; PEAS</b>	<b>ROAST PORK WITH CREAMY PEPPERCORN SAUCE</b>	<b>SHEPHERDS PIE WITH FRESH VEGETABLES</b>	<b>STEAK AND KIDNEY PUDDING MASHED POTATOES/FRESH VEGETABLES</b>	<b>BATTERED FISH WITH CHIPS AND MUSHY PEAS</b>	<b>SAUSAGE HOTPOT WITH PEAS AND SWEETCORN</b>	<b>ROAST CHICKEN WITH STUFFING,YORKSHIRE PUDDING AND FRESH VEGETABLES</b>
<b>ALLERGY ADVICE</b>	<b>GL, F , M,CE, MK</b>	<b>MK , GL</b>	<b>GL, CE, MK, E</b>	<b>GL, E , F, S</b>	<b>F,GL,M,MK,E</b>	<b>GL , CE</b>	<b>GL,MK</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD AND SPINICH GRATIN</b>	<b>VEGETABLE FRITTA &amp; SALAD</b>	<b>MUSHROOM STROGANOFF AND RICE</b>	<b>MILD VEGETABLE KORMA/RICE</b>	<b>MILD CHILI AND RICE</b>	<b>SPANISH CHICKEN WITH MASH &amp; VEG</b>	<b>POACHED SALMON IN A LEMON BUTTER SAUCE</b>
<b>ALLERGY ADVICE</b>	<b>CE F MK</b>	<b>GL MK</b>	<b>E GL N</b>	<b>CE GL,N</b>	<b>CE,GL,</b>	<b>GL,CE,MK</b>	<b>MK,F</b>
<b>DESSERT</b>	<b>TAPIOCA WITH POACHED FRUIT</b>	<b>JAM ROLY POLY</b>	<b>BREAD AND BUTTER PUDDING</b>	<b>APPLE &amp; SULTANA CAKE</b>	<b>CHOCOLATE PUDDING</b>	<b>JAM AND COCONUT SPONGE</b>	<b>FRESH FRUIT CRUMBLE WITH CUSTARD</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>GL</b>	<b>GL MK E</b>	<b>E MK GL</b>	<b>MK,GL,E</b>	<b>E MK GL,N</b>	<b>MK,GL</b>
<b>SUPPER</b>	<b>FISH FINGERS WITH CHIPS AND COLESLAW</b>	<b>TOMATO AND PESTO TART WITH NEW POTATOES AND SALAD</b>	<b>ASSORTED SANDWICHES</b>	<b>CORNISH PASTY WITH SPAGHETTI HOOPS</b>	<b>CAULIFLOWER CHEESE AND POTATOE PIE WITH MIXED VEG</b>	<b>BEANS ON TOAST</b>	<b>ASSORTED SANDWICHES AND CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>E, MK, CR</b>	<b>GL.MK.CR</b>	<b>G, F, MK</b>	<b>GL,MK</b>	<b>GL</b>	<b>GL,MK</b>
<b>DESSERT</b>	<b>BANNANAS &amp; CUSTARD</b>	<b>MANGO CHEESECAKE</b>	<b>ICE CREAM</b>	<b>STRAWBERRY MOUSSE</b>	<b>JELLY</b>	<b>BLANCMANGE</b>	<b>FRUIT COCKTAIL AND CREAM</b>
<b>ALLERGY ADVICE</b>	<b>GL, MK</b>	<b>GL, MK</b>	<b>GL, MK, E, S</b>	<b>GL, MK</b>		<b>MK</b>	

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK =MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**C R =CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**