

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY 1<sup>st</sup> JANUARY 2018**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON, EGG, TOMATOES, FRIED BREAD</b>	<b>POACHED EGGS</b>	<b>SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS</b>	<b>FRESH BAKED PASTRY</b>	<b>SCRAMBLED EGGS</b>	<b>BACON ROLL</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>BRAISED PORK IN A HONEY AND MUSTARD CIDER SAUCE</b>	<b>TOAD IN THE HOLE WITH MASH AND VEGETABLES</b>	<b>SPANISH CHICKEN And RICE</b>	<b>SHEPHERDS PIE With FRESH VEGETABLES</b>	<b>FISH, CHIPS AND MUSHY PEAS</b>	<b>SAUSAGE CASSEROLE WITH MASH AND FRESH VEGETABLES</b>	<b>ROAST PORK WITH ROAST POTATOES &amp; FRESH VEG</b>
<b>ALLERGY ADVICE</b>	<b>CE, GL, S</b>	<b>MK, GL, E, CE</b>	<b>CE, GL, MK</b>	<b>GL, E</b>	<b>GL, CE</b>	<b>GL, CE</b>	<b>GL</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD AND SPINICH GRATIN</b>	<b>VEGETABLE FRITTA WITH SALAD</b>	<b>MUSHROOM STROGANOFF AND RICE</b>	<b>VEGETABLE KORMA</b>	<b>BEEF &amp; VEGETABLE PIE MASH POTATO And VEG</b>	<b>MILD CHILL CON CARNE and RICE</b>	<b>POACHED SALMON/SALAD/NEW POTATOES</b>
<b>ALLERGY ADVICE</b>	<b>F GL MK</b>	<b>GL MK</b>	<b>MK CE SU GL</b>	<b>MK GL E</b>	<b>GL CE</b>	<b>GL</b>	<b>F</b>
<b>DESSERT</b>	<b>TAPIOCA AND POACHED FRUIT</b>	<b>JAM ROLY POLY</b>	<b>BREAD AND BUTTER PUDDING</b>	<b>APPLE UPSIDE DOWN CAKE</b>	<b>CHOCOLATE PUDDING</b>	<b>JAM AND COCONUT SPONGE</b>	<b>FRESH FRUIT CRUMBLE AND CUSTARD</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>GL</b>	<b>GL MK E</b>	<b>E MK GL</b>	<b>E MK GL</b>	<b>E MK GL</b>	<b>GL MK</b>
<b>SUPPER</b>	<b>FISH FINGERS CHIPS &amp; COLESLAW</b>	<b>TOMATOE AND PESTO TART WITH SALAD AND NEW POTATOES</b>	<b>ASSORTED SANDWICHES</b>	<b>SAUSAGE ROLLS</b>	<b>CAULIFLOWER CHEESE WITH BACON &amp; MIXED VEG</b>	<b>BEANS ON TOAST</b>	<b>ASSORTED SANDWICHES OR CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>F E, MK, CR</b>	<b>GL.MK.CR</b>	<b>MK GL M</b>	<b>GL, MK</b>	<b>GL</b>	<b>GL, E</b>
<b>DESSERT</b>	<b>MELON BALLS</b>	<b>MANGO CHEESECAKE</b>	<b>ICE CREAM</b>	<b>BANANA MOUSSE</b>	<b>FRUIT JELLY</b>	<b>BLANCMANGE</b>	<b>FRUIT COCKTAIL AND CREAM</b>
<b>ALLERGY ADVICE</b>	<b>GL, MK</b>	<b>GL, MK</b>	<b>GL, MK, E, S</b>	<b>GL, MK</b>		<b>MK</b>	<b>MK</b>

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK = MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**C R = CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**