

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING MONDAY 5th MARCH 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CRUMPETS	BACON, EGG, BAKED BEANS AND HASH BROWNS	POACHED EGGS	SAUSAGE, EGG TOMATO AND FRIED BREAD	FRESH BAKED PASTRYS	SCRAMBLED EGGS	BACON ROLL
ALLERGY ADVICE	GL, E	GL, E	E	GL, E	GL, E	E	GL
LUNCH MAIN CHOICE	BAKED GAMMON WITH PARSLEY SAUCE, LYONNAISE POTATOES AND PEAS	BEEF BRAISED IN RED WINE, MASH POTATOES AND FRESH VEGETABLES	PASTA BOLOGNAISE WITH GRATED CHEESE AND GARLIC BREAD	SHEPHERDS PIE WITH FRESH VEGETABLES	FISH & CHIPS WITH MUSHY PEAS	SAUSAGE AND MASH WITH ONION GRAVY AND PEAS	ROAST TURKEY,, ROAST POTATOES AND FRESH VEGETABLES
ALLERGY ADVICE	GL, MK	GL, SU, CE	GL, E,	GL, CE	GL	MK	GL
LUNCH ALTERNATIVE CHOICE	COD & SPINACH GRATIN	CAULIFLOWER CHEESE	VEGETABLE LASAGNE WITH SALAD	CHICKPEA AND SPINACH CURRY AND RICE	PORK GOULASH POTATOES AND FRESH VEGETABLES	SPANISH CHICKEN WITH	GRILLED SALMON WITH NEW POTATOES
ALLERGY ADVICE	E MK	GL MK	GL, MK		GL	GL	F
DESSERT	RICE PUDDING WITH JAM	SPOTTED DICK	TREACLE PUDDING	PINEAPPLE PUPSIDE DOWN CAKE	WARM CHOCOLATE BROWNIE WITH WHIPPED CREAM	STICKY TOFFEE PUDDING	FRESH FRUIT CRUMBLE AND CUSTARD
ALLERGY ADVICE	GL, ML	MK, E, GL	E, MK, GL	E, MK, GL	E, M, GL	E, M, GL	M, GL
SUPPER	SAUSAGES & CHIPS WITH BAKED BEANS	CHEESE AND BACON TART SALAD AND POTATO WEDGES	ASSORTED SANDWICHES	ASSORTED PASTIES	CHEESE AND POTATO PIE AND MIXED VEGETABLES	SPAGHETTI ON TOAST	ASSORTED SANDWICHES OR CHEESE AND BISCUITS
ALLERGY ADVICE	MK	E, MK, CR	GL.MK.CR	G, F	G; MK	GL	GL, E
DESSERT	MELON BALLS WITH FRUIT COULIS	FRUITY JELLY	FRESH FRUIT SALAD	CHOC MOUSSE	ICE CREAM	CRÈME CARAMEL	PEACHES AND CREAM
ALLERGY ADVICE				GL, MK	MK, GL	MK, GL	MK

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK =MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
CR =CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE (week 3)