

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING 19th MARCH 2018

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|--|--|--|--|--|--|
| BREAKFAST | CRUMPETS | BACON, EGG TOMATO, FRIED BREAD | POACHED EGGS | SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS | FRESH BAKED PASTRY | SCRAMBLED EGGS | BACON ROLL |
| ALLERGY ADVICE | GL, E | GL, E, SU | E | GL, E | GL, E | E | GL |
| LUNCH MAIN CHOICE | PORK GOULASH WITH VEGETABLE RICE | BEEF AND ALE PIE, MASH POTATOES AND VEGETABLES | CHICKEN COQ AU VAN WITH ROAST POTATOES FRESH VEGETABLES | COTTAGE PIE And FRESH VEGETABLES | BATTERED FISH WITH CHIPS and MUSHY PEAS | SAUSAGE & MASH ONION GRAVY And PEAS | ROAST BEEF YORKSHIRE PUDDING ROAST POTATO CABBAGE & CARROTS |
| ALLERGY ADVICE | ML, CE, GL, M | GL, CE | GL, CE | GL, CE | GL, F | GL, CE | GL |
| LUNCH ALTERNATIVE CHOICE | COD & SPINACH GRATIN | VEGETABLE LASAGNE WITH SALAD | CAULIFLOWER CHEESE | CHICKPEA AND SPINACH CURRY WITH RICE | CHICKEN AND MUSHROOM PIE WITH MASH AND VEGETABLES | PASTA BOLOGNESE | POACHED SALMON |
| ALLERGY ADVICE | GL, S, MK, E, M | M, MK, GL | CE, G, MK | | GL | GL | F |
| DESSERT | SEMOLINA WITH JAM | SPOTTED DICK WITH CUSTARD | TREACLE PUDDING | PINEAPPLE UPSIDE DOWN CAKE | WARM CHOCOLATE BROWNIE AND WHIPPED CREAM | STICKY TOFFEE PUDDING | FRESH FRUIT CRUMBLE AND CUSTARD |
| ALLERGY ADVICE | MK, GL | GL, MK | E, MK, GL | MK, E, GL | MK, E, GL | N, E, GL, MK, | MK, GL |
| SUPPER | SAUSAGE, MASH AND BAKED BEANS | CHEESE & BACON TART WITH NEW POTATOES AND SALAD | ASSORTED SANDWICHES | ASSORTED PASTIES | CORNBEEF HASH AND MIXED VEGETABLES | SPAGHETTI ON TOAST | ASSORTED SANDWICHES OR CHEESE AND BISCUITS |
| ALLERGY ADVICE | GL | GL, E, MK | GL | MK, SU, GL | MK, SU | GL | GL |
| DESSERT | MELON BALLS AND FRUIT COULIS | FRUIT JELLY | FRUIT SALAD | STRAWBERRY MOUSSE | ICE CREAM | CRÈME CARMEL | PEACHES AND CREAM |
| ALLERGY ADVICE | MK | | MK | MK, GL | MK | MK | MK |

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK = MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
C R = CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE