

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY 28<sup>th</sup> MAY 2018**

|   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY   |
|---|---|--|--|--|---|--|--|
| <b>BREAKFAST</b>                        | <b>CRUMPETS</b>                                 | <b>BACON, EGG<br/>TOMATO,<br/>FRIED BREAD</b>                              | <b>POACHED EGGS</b>  | <b>SAUSAGE, EGG,<br/>BAKED BEANS<br/>AND HASH<br/>BROWNS</b> | <b>FRESH BAKED<br/>PASTRYS</b>                                  | <b>SCRAMBLED<br/>EGGS</b>                                      | <b>BACON ROLL</b>  |
| <b>ALLERGY<br/>ADVICE</b>               | <b>GL, E</b>                                    | <b>GL, E, SU</b>   | <b>E</b>   | <b>GL, E</b>   | <b>GL, E</b>  | <b>E</b>   | <b>GL</b>  |
| <b>LUNCH<br/>MAIN CHOICE</b>            | <b>PORK GOULASH<br/>WITH<br/>VEGETABLE RICE</b> | <b>BEEF AND ALE<br/>PIE, MASH<br/>POTATOES AND<br/>VEGETABLES</b>          | <b>CHICKEN<br/>COQ AU VAN<br/>WITH ROAST<br/>POTATOES<br/>FRESH<br/>VEGETABLES</b> | <b>COTTAGE PIE<br/>And<br/>FRESH<br/>VEGETABLES</b>          | <b>BATTERED<br/>FISH<br/>WITH<br/>CHIPS and<br/>MUSHY PEAS</b>  | <b>SAUSAGE &amp;<br/>MASH<br/>ONION GRAVY<br/>And<br/>PEAS</b> | <b>ROAST BEEF<br/>YORKSHIRE PUDDING<br/>ROAST POTATO<br/>CABBAGE &amp; CARROTS</b> |
| <b>ALLERGY<br/>ADVICE</b>               | <b>ML, CE, GL, M</b>                            | <b>GL, CE</b>  | <b>GL, CE</b>  | <b>GL, CE</b>  | <b>GL, F</b>  | <b>GL, CE</b>  | <b>GL</b>  |
| <b>LUNCH<br/>ALTERNATIVE<br/>CHOICE</b> | <b>COD &amp; SPINACH<br/>GRATIN</b>             | <b>VEGETABLE<br/>LASAGNE WITH<br/>SALAD</b>                                | <b>CAULIFLOWER<br/>CHEESE</b>  | <b>CHICKPEA AND<br/>SPINACH CURRY<br/>WITH RICE</b>          | <b>JAMACIAN<br/>CHICKEN</b>                                     | <b>PASTA<br/>BOLOGNISE</b>                                     | <b>POACHED SALMON</b>  |
| <b>ALLERGY<br/>ADVICE</b>               | <b>GL, S, MK, E, M</b>                          | <b>M, MK, GL</b>   | <b>CE, G, MK</b>   |  | <b>GL</b>   | <b>GL</b>  | <b>F</b>   |
| <b>DESSERT</b>                          | <b>SEMOLINA<br/>WITH JAM</b>                    | <b>SPOTTED DICK<br/>WITH CUSTARD</b>                                       | <b>TREACLE<br/>PUDDING</b>   | <b>PINEAPPLE<br/>UPSIDE DOWN<br/>CAKE</b>                    | <b>WARM<br/>CHOCOLATE<br/>BROWNIE AND<br/>WHIPPED<br/>CREAM</b> | <b>STICKY TOFFEE<br/>PUDDING</b>                               | <b>FRESH FRUIT<br/>CRUMBLE AND<br/>CUSTARD</b>                                     |
| <b>ALLERGY<br/>ADVICE</b>               | <b>MK, GL</b>                                   | <b>GL, MK</b>  | <b>E, MK, GL</b>   | <b>MK, E, GL</b>   | <b>MK, E, GL</b>  | <b>N, E, GL, MK,</b>   | <b>MK, GL</b>  |
| <b>SUPPER</b>                           | <b>SAUSAGE, MASH<br/>AND BAKED BEANS</b>        | <b>CHEESE &amp;<br/>BACON TART<br/>WITH NEW<br/>POTATOES AND<br/>SALAD</b> | <b>ASSORTED<br/>SANDWICHES</b>   | <b>ASSORTED<br/>PASTIES</b>                                  | <b>CORNBEEF<br/>HASH AND<br/>MIXED<br/>VEGETABLES</b>           | <b>SPAGHETTI ON<br/>TOAST</b>                                  | <b>ASSORTED<br/>SANDWICHES<br/>OR<br/>CHEESE AND BISCUITS</b>                      |
| <b>ALLERGY<br/>ADVICE</b>               | <b>GL</b>                                       | <b>GL, E, MK</b>   | <b>GL</b>  | <b>MK, SU, GL</b>  | <b>MK, SU</b>   | <b>GL</b>  | <b>GL</b>  |
| <b>DESSERT</b>                          | <b>MELON BALLS<br/>AND FRUIT COULIS</b>         | <b>FRUIT<br/>JELLY</b>   | <b>FRUIT SALAD</b>   | <b>STRAWBERRY<br/>MOUSSE</b>                                 | <b>ICE CREAM</b>  | <b>CRÈME<br/>CARMEL</b>  | <b>PEACHES AND CREAM</b>   |
| <b>ALLERGY<br/>ADVICE</b>               | <b>MK</b>                                       |  | <b>MK</b>  | <b>MK, GL</b>  | <b>MK</b>   | <b>MK</b>  | <b>MK</b>  |

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK = MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**C R = CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**