

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING MONDAY 24TH OF SEPTEMBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CRUMPETS	BACON,EGG. TOMATO, FRIED BREAD	POACHED EGGS	SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS	FREH BAKED PASTRYS	SCRAMBLED EGGS	BACON ROLLS
ALLERGY ADVICE	GL, E	GL , E,SU	E	GL , E	GL,MK	E	SU,GL
LUNCH MAIN CHOICE	CHICKEN & GAMMON PIE, WITH MASH & PEAS	ROAST PORK WITH CREAMY PEPPERCORN SAUCE	CHICKEN ALA KING WITH RICE	COTTAGE PIE WITH FRESH VEGETABLES	BATTERED FISH WITH CHIPS AND MUSHY PEAS	SAUSAGE HOTPOT WITH FRESH VEGETABLES	ROAST CHICKEN WITH STUFFING,YORKSHIRE PUDDING AND FRESH VEGETABLES
ALLERGY ADVICE	GL, F , M ,CE, MK	MK , GL	GL, CE, MK, E	GL, E , F, S	F,GL,M,MK,E	GL , CE	GL,MK
LUNCH ALTERNATIVE CHOICE	COD AND SPINICH GRATIN	VEGETABLE FRITTA & SALAD	MUSHROOM STROGANOFF AND RICE	MILD VEGETABLE KORMA/RICE	BEEF IN RED WINE POTATOES AND VEG	HAM AND EGG SALAD WITH NEW POTS	POACHED SALMON IN A LEMON BUTTER SAUCE
ALLERGY ADVICE	CE F MK	GL MK	E GL N	CE GL,N	CE,GL,	GL,CE,MK	MK,F
DESSERT	TAPIOCA WITH POACHED FRUIT	JAM ROLY POLY	BREAD AND BUTTER PUDDING	APPLE & SULTANA CAKE	CHOCOLATE PUDDING	JAM AND COCONUT SPONGE	APPLE CRUMBLE
ALLERGY ADVICE	MK	GL	GL MK E	E MK GL	MK,GL,E	E MK GL,N	MK,GL
SUPPER	FISH FINGERS WITH MASH AND BEANS	TOMATO AND PESTO TART WITH CHIPS AND SALAD	ASSORTED SANDWICHES	CORNISH PASTY WITH SPAGHETTI HOOPS	CAULIFLOWER CHEESE AND POTATOE PIE WITH MIXED VEG	BEANS ON TOAST	ASSORTED SANDWICHES AND CHEESE AND BISCUITS
ALLERGY ADVICE	MK	E, MK, CR	GL.MK.CR	G, F, MK	GL,MK	GL	GL,MK
DESSERT	JELLY	BANNANAS & CUSTARD	FRUIT SALAD	CHOCOLATE MOUSSE	ICE CREAM	BLANCMANGE	FRUIT COCKTAIL AND CREAM
ALLERGY ADVICE	GL, MK	GL, MK	GL, MK, E, S	GL, MK		MK	

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK =MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
C R =CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE