

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING THE 1st October 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CRUMPETS	BACON, EGG TOMATO, FRIED BREAD	POACHED EGGS	SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS	FRESH BAKED PASTRYS	SCRAMBLED EGGS	BACON ROLL
ALLERGY ADVICE	GL, E	GL, E, SU	E	GL, E	GL, E	E	GL
LUNCH MAIN CHOICE	PORK GOULASH WITH VEGETABLE RICE	BEEF AND ALE PIE, MASH POTATOES AND VEGETABLES	CHICKEN COQ AU VAN ROAST POTATOES VEGETABLES	COTTAGE PIE And FRESH VEGETABLES	BATTERED FISH WITH CHIPS and MUSHY PEAS	SAUSAGE & MASH ONION GRAVY And PEAS	ROAST BEEF YORKSHIRE PUDDING ROAST POTATO CABBAGE & CARROTS
ALLERGY ADVICE	ML, CE, GL, M	GL, CE	GL, CE	GL, CE	GL,F	GL, CE	GL
LUNCH ALTERNATIVE CHOICE	COD & SPINACH GRATIN	VEGETABLE LASAGNE AND SALAD	CAULIFLOWER CHEESE	CHICKPEA AND SPINACH CURRY WITH RICE	CHICKEN AND BACON PIE WITH MASH AND PEAS	PASTA BOLOGNAISE	POACHED SALMON
ALLERGY ADVICE	GL, S, MK, E, M	M, MK, GL	CE, G, MK		GL	GL	F
DESSERT	SEMOLINA WITH JAM	SPOTTED DICK WITH CUSTARD	TREACLE PUDDING	PINEAPPLE UPSIDE DOWN CAKE	WARM CHOCOLATE BROWNIE AND WHIPPED CREAM	STICKY TOFFEE PUDDING	FRESH FRUIT CRUMBLE AND CUSTARD
ALLERGY ADVICE	MK, GL	GL, MK	E, MK, GL	MK, E, GL	MK, E, GL	N, E, GL, MK,	MK, GL
SUPPER	SAUSAGE, MASH AND BAKED BEANS	CHEESE & BACON TART WITH CHIPS AND SALAD	ASSORTED SANDWICHES	ASSORTED PASTIES	CORNBEEF HASH AND MIXED VEGETABLES	SPAGHETTI ON TOAST	ASSORTED SANDWICHES OR CHEESE AND BISCUITS
ALLERGY ADVICE	GL	GL, E, MK	GL	MK, SU, GL	MK, SU	GL	GL
DESSERT	FRUIT JELLY	BANANAS AND CUTARD	FRUIT SALAD	STRAWBERRY MOUSSE	ICE CREAM	BLANCMANGE	PEACHES AND CREAM
ALLERGY ADVICE	MK		MK	MK, GL	MK	MK	MK

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK = MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
C R = CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE