

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING MONDAY THE 15th OF OCTOBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	CRUMPETS	BACON, EGG, BAKED BEANS AND HASH BROWNS	POACHED EGGS	SAUSAGE, EGG TOMATO AND FRIED BREAD	FRESH BAKED PASTRYS	SCRAMBLED EGGS	BACON ROLL
ALLERGY ADVICE	GL, E	GL, E	E	GL, E	GL, E	E	GL
LUNCH MAIN CHOICE	BAKED GAMMON WITH PARSLEY SAUCE, LYONNAISE POTATOES AND PEAS	BEEF BRAISED IN RED WINE, MASH POTATOES AND FRESH VEGETABLES	PASTA BOLOGNAISE WITH GRATED CHEESE AND GARLIC BREAD	SHEPHERDS PIE WITH FRESH VEGETABLES	FISH & CHIPS WITH MUSHY PEAS	SAUSAGE AND MASH WITH ONION GRAVY AND PEAS	ROAST TURKEY, , ROAST POTATOES AND FRESH VEGETABLES
ALLERGY ADVICE	GL, MK	GL, SU, CE	GL, E,	GL, CE	GL	MK	GL
LUNCH ALTERNATIVE CHOICE	COD & SPINACH GRATIN	CAULIFLOWER CHEESE	VEGETABLE RISOTTO	CHICKPEA AND SPINACH CURRY AND RICE	BRAISED PORK POTATOES VEGETABLES	CHICKEN ALA KING WITH RICE	GRILLED SALMON WITH PARSLEY SAUCE
ALLERGY ADVICE	E MK	GL MK	GL, MK		GL	GL	F
DESSERT	RICE PUDDING WITH JAM	SPOTTED DICK	TREACLE PUDDING	PINEAPPLE PUPSIDE DOWN CAKE	WARM CHOCOLATE BROWNIE WITH WHIPPED CREAM	STICKY TOFFEE PUDDING	FRESH FRUIT CRUMBLE AND CUSTARD
ALLERGY ADVICE	GL, ML	MK, E, GL	E, MK, GL	E, MK, GL	E, M, GL	E, M, GL	M, GL
SUPPER	SAUSAGES & MASH WITH BAKED BEANS	BACON, ONION AND CHEDDAR TART WITH CHIPS AND SALAD	ASSORTED SANDWICHES	ASSORTED PASTIES	CHEESE AND POTATO PIE AND MIXED VEGETABLES	SPAGHETTI ON TOAST	ASSORTED SANDWICHES OR CHEESE AND BISCUITS
ALLERGY ADVICE	MK	E, MK, CR	GL.MK.CR	G, F	G;, MK	GL	GL, E
DESSERT	FRUITY JELLY	BANANAS AND CUSTARD	FRESH FRUIT SALAD	STRAWBERRY MOUSSE	ICE CREAM	RASPBERRY BLANCMANGE	PEACHES AND CREAM
ALLERGY ADVICE				GL, MK	MK, GL	MK, GL	MK

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK = MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
CR = CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE (week 3)