

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING THE 29<sup>th</sup> OCTOBER 2018**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON, EGG TOMATO, FRIED BREAD</b>	<b>POACHED EGGS</b>	<b>SAUSAGE, EGG, BAKED BEANS AND HASH BROWNS</b>	<b>FRESH BAKED PASTRY</b>	<b>SCRAMBLED EGGS</b>	<b>BACON ROLL</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL, E, SU</b>	<b>E</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>PORK GOULASH WITH VEGETABLE RICE</b>	<b>BEEF AND ALE PIE, MASH POTATOES AND VEGETABLES</b>	<b>CHICKEN COQ AU VAN ROAST POTATOES VEGETABLES</b>	<b>COTTAGE PIE And FRESH VEGETABLES</b>	<b>BATTERED FISH WITH CHIPS and MUSHY PEAS</b>	<b>SAUSAGE &amp; MASH ONION GRAVY And PEAS</b>	<b>ROAST BEEF YORKSHIRE PUDDING ROAST POTATO CABBAGE &amp; CARROTS</b>
<b>ALLERGY ADVICE</b>	<b>ML, CE, GL, M</b>	<b>GL, CE</b>	<b>GL, CE</b>	<b>GL, CE</b>	<b>GL, F</b>	<b>GL, CE</b>	<b>GL</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD &amp; SPINACH GRATIN</b>	<b>VEGETABLE LASAGNE AND SALAD</b>	<b>CAULIFLOWER CHEESE</b>	<b>CHICKPEA AND SPINACH CURRY WITH RICE</b>	<b>CHICKEN AND BACON PIE WITH MASH AND PEAS</b>	<b>PASTA BOLOGNAISE</b>	<b>POACHED SALMON</b>
<b>ALLERGY ADVICE</b>	<b>GL, S, MK, E, M</b>	<b>M, MK, GL</b>	<b>CE, G, MK</b>		<b>GL</b>	<b>GL</b>	<b>F</b>
<b>DESSERT</b>	<b>SEMOLINA WITH JAM</b>	<b>SPOTTED DICK WITH CUSTARD</b>	<b>TREACLE PUDDING</b>	<b>PINEAPPLE UPSIDE DOWN CAKE</b>	<b>WARM CHOCOLATE BROWNIE AND WHIPPED CREAM</b>	<b>STICKY TOFFEE PUDDING</b>	<b>FRESH FRUIT CRUMBLE AND CUSTARD</b>
<b>ALLERGY ADVICE</b>	<b>MK, GL</b>	<b>GL, MK</b>	<b>E, MK, GL</b>	<b>MK, E, GL</b>	<b>MK, E, GL</b>	<b>N, E, GL, MK,</b>	<b>MK, GL</b>
<b>SUPPER</b>	<b>SAUSAGE, MASH AND BAKED BEANS</b>	<b>CHEESE &amp; BACON TART WITH CHIPS AND SALAD</b>	<b>ASSORTED SANDWICHES</b>	<b>ASSORTED PASTIES</b>	<b>CORNBEEF HASH AND MIXED VEGETABLES</b>	<b>SPAGHETTI ON TOAST</b>	<b>ASSORTED SANDWICHES OR CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>GL</b>	<b>GL, E, MK</b>	<b>GL</b>	<b>MK, SU, GL</b>	<b>MK, SU</b>	<b>GL</b>	<b>GL</b>
<b>DESSERT</b>	<b>FRUIT JELLY</b>	<b>BANANAS AND CUTARD</b>	<b>FRUIT SALAD</b>	<b>STRAWBERRY MOUSSE</b>	<b>ICE CREAM</b>	<b>BLANCMANGE</b>	<b>PEACHES AND CREAM</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>		<b>MK</b>	<b>MK, GL</b>	<b>MK</b>	<b>MK</b>	<b>MK</b>

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK = MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**CR = CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**