

## **Hawkinge House Face to Face Training** **Moving & Handling**

### **The areas covered by this training:**

- Manual Handling (The Legal Aspects)
- The Body & What can go wrong during Manual Handling
- Principles of Safe Moving & Handling
- In House Policy & Assessments
- Practical Training Session

### **The practical training session covered the following:**

- Individual from the floor
- Individual from chair to chair / toilet / commode
- Individual movement in bed
- Individual wheelchair to chair
- Individual bathroom requirements
- Individual general mobility
- Use of Hoist

**Hawkinge House Face to Face Training**  
**Emergency First Aid**

**The areas covered by this training:**

- Purpose of First Aid
- Primary Survey
- Cardio Pulmonary Resuscitation
- Recovery position
- Choking
- Bleeding
- Burns
- Fractures/Dislocations

**The practical training session covered the following:**

- Recovery position
- Chest compressions
- Back slaps & Abdominal Thrust

## **HAWKINGE HOUSE FACE TO FACE TRAINING - FIRE AWARENESS**

### **INTRODUCTION**

Aims and objectives of the course

### **FIRE FIGHTING EQUIPMENT & DETECTION**

Smoke detectors

Fire alarm activation points and how to reset

Fire extinguishers and their uses

Fire exits

Fire Panel

### **EVACUATION AND HOW TO RESPOND TO ALARM**

Procedure for when fire discovered or alarm sounds

Explanation of compartmentalization

Evacuation scenario

Practical session of using evacuation mats/chairs

Practical session on operating fire panel

Practical session on recognizing and how to operate fire extinguishers

EVALUATION.

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