

## **Hawkinge House Face to Face Training** **Moving & Handling**

### **The areas covered by this training:**

- Manual Handling (The Legal Aspects)
- The Body & What can go wrong during Manual Handling
- Principles of Safe Moving & Handling
- In House Policy & Assessments
- Practical Training Session

### **The practical training session covered the following:**

- Individual from the floor
- Individual from chair to chair / toilet / commode
- Individual movement in bed
- Individual wheelchair to chair
- Individual bathroom requirements
- Individual general mobility
- Use of Hoist

**Hawkinge House Face to Face Training**  
**Emergency First Aid**

**The areas covered by this training:**

- Purpose of First Aid
- Primary Survey
- Cardio Pulmonary Resuscitation
- Recovery position
- Choking
- Bleeding
- Burns
- Fractures/Dislocations

**The practical training session covered the following:**

- Recovery position
- Chest compressions
- Back slaps & Abdominal Thrust

**Hawkinge House Face to Face Training**  
**Fire Awareness**

**The areas covered by this training:**

- Legal Aspects
- Causes of Fire
- Action in the event of a Fire
- Raising the Alarm
- Decompartmentalization
- Fire Detection
- Fire Extinguisher recognition

**The practical training session covered the following:**

- Fire Panel