

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY THE 29<sup>th</sup> OF APRIL 2019**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON, EGG, AND FRIED BREAD AND TOMS</b>	<b>POACHED EGGS</b>	<b>SAUSAGE, EGG HASH BROWNS AND BEANS</b>	<b>FRESH BAKED PASTRYS</b>	<b>SCRAMBLED EGGS</b>	<b>BACON ROLL</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>BAKED GAMMON WITH PARSLEY SAUCE, LYONNAISE POTATOES AND PEAS</b>	<b>BEEF BRAISED IN RED WINE, MASH POTATOES AND FRESH VEGETABLES</b>	<b>PASTA BOLOGNAISE WITH GRATED CHEESE AND GARLIC BREAD</b>	<b>SHEPHERDS PIE WITH FRESH VEGETABLES</b>	<b>BATTERED FISH OR SAUSAGE &amp; CHIPS WITH MUSHY PEAS</b>	<b>SAUSAGE AND MASH WITH ONION GRAVY AND PEAS</b>	<b>ROAST TURKEY, , ROAST POTATOES AND FRESH VEGETABLES</b>
<b>ALLERGY ADVICE</b>	<b>GL, MK</b>	<b>GL, SU, CE</b>	<b>GL, E,</b>	<b>GL, CE</b>	<b>GL</b>	<b>MK</b>	<b>GL</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD &amp; SPINACH GRATIN</b>	<b>CAULIFLOWER CHEESE</b>	<b>VEGETABLE RISOTTO</b>	<b>TOAD IN THE HOLE WITH MASH AND VEG</b>	<b>POACHED FISH MONARY WITH MASH AND PEAS</b>	<b>MILD CHILLI WITH RICE</b>	<b>GRILLED SALMON WITH PARSLEY SAUCE</b>
<b>ALLERGY ADVICE</b>	<b>E MK</b>	<b>GL MK</b>	<b>GL, MK</b>		<b>GL</b>	<b>GL</b>	<b>F</b>
<b>DESSERT</b>	<b>SEMOLINA AND JAM</b>	<b>SPOTTED DICK</b>	<b>TREACLE PUDDING</b>	<b>PINEAPPLE PUPSIDE DOWN CAKE</b>	<b>WARM CHOCOLATE BROWNIE WITH WHIPPED CREAM</b>	<b>STICKY TOFFEE PUDDING</b>	<b>APPLE PIE AND CUSTARD</b>
<b>ALLERGY ADVICE</b>	<b>GL, ML</b>	<b>MK, E, GL</b>	<b>E, MK, GL</b>	<b>E, MK, GL</b>	<b>E, M, GL</b>	<b>E, M, GL</b>	<b>M, GL</b>
<b>SUPPER</b>	<b>SAUSAGES &amp; MASH WITH BAKED BEANS</b>	<b>JACKET POTATO WITH CHEESE AND HAM</b>	<b>ASSORTED SANDWICHES</b>	<b>BACON, ONION AND CHEDDAR TART WITH CHIPS AND SALAD</b>	<b>MACARONNI CHEESE WITH BACON AND MUSHROOMS</b>	<b>SPAGHETTI ON TOAST</b>	<b>ASSORTED SANDWICHES OR CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>E, MK, CR</b>	<b>GL.MK.CR</b>	<b>G, F</b>	<b>G;, MK</b>	<b>GL</b>	<b>GL, E</b>
<b>DESSERT</b>	<b>FRUITY JELLY</b>	<b>BANANAS AND CUSTARD</b>	<b>CHOCOLATE MOUSSE</b>	<b>ETON MESS</b>	<b>ICE CREAM</b>	<b>CRÈME CARAMEL</b>	<b>PEACHES AND CREAM</b>
<b>ALLERGY ADVICE</b>				<b>GL, MK</b>	<b>MK, GL</b>	<b>MK, GL</b>	<b>MK</b>

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK = MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**CR = CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE (week 3)**