

HAWKINGE HOUSE
MENU FOR WEEK COMMENCING MONDAY THE 22ND OF JUNE 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	HOT COOKED BREAKFAST	HOT COOKED BREAKFAST	HOT COOKED BREAKFAST	HOT COOKED BREAKFAST	HOT COOKED BREAKFAST	HOT COOKED BREAKFAST	BACON SANDWICH
ALLERGY ADVICE	GL, E	GL, E	E	GL, E	GL, E	E	GL
LUNCH MAIN CHOICE	CHICKEN SUPREME WITH VEGETABLE RICE	BEEF BRAISED IN RED WINE, MASH POTATOES AND FRESH VEGETABLES	BAKED GAMMON WITH PARSLEY SAUCE, ROAST POTATOES AND FRESH VEGETABLES	SAUSAGE AND MASH WITH ONION GRAVY AND PEAS	BATTERED FISH OR SAUSAGE & CHIPS WITH MUSHY PEAS	SHEPHERDS PIE WITH FRESH VEGETABLES	ROAST TURKEY,, ROAST POTATOES AND FRESH VEGETABLES
ALLERGY ADVICE	GL, MK	GL, SU, CE	GL, E,	GL, CE	GL	MK	GL
LUNCH ALTERNATIVE CHOICE	COD & SPINACH GRATIN	MILD VEGETABLE CHILLI WITH RICE	VEGETABLE RISOTTO	CHICKPEA AND SPINCH CURRY WITH RICE	POACHED FISH MONARY WITH MASH AND PEAS	CAULIFLOWER AND BROCCOLI GRATIN	GRILLED SALMON WITH PARSLEY SAUCE
ALLERGY ADVICE	E MK	GL MK	GL, MK		GL	GL	F
DESSERT	SEMOLINA AND JAM	SPOTTED DICK	TREACLE PUDDING	PINEAPPLE UPSIDE DOWN CAKE	WARM CHOCOLATE BROWNIE WITH WHIPPED CREAM	STICKY TOFFEE PUDDING	FRESH FRUIT CRUMBLE
ALLERGY ADVICE	GL, ML	MK, E, GL	E, MK, GL	E, MK, GL	E, M, GL	E, M, GL	M, GL
SUPPER	SAUSAGES & MASH WITH BAKED BEANS	ASSORTED SANDWICHES	SMOKED MACKERAL SALAD WITH NEW POTATOES	ASSORTED SANDWICHES	JACKET POTATO WITH CHEESE AND HAM	SPAGHETTI ON TOAST	ASSORTED SANDWICHES OR CHEESE AND BISCUITS
ALLERGY ADVICE	MK	E, MK, CR	GL.MK.CR	G, F	G, MK	GL	GL, E
DESSERT	FRUITY JELLY	BANANAS AND CUSTARD	CHOCOLATE MOUSSE	ETON MESS	ICE CREAM	CRÈME CAMEL	PEACHES AND CREAM
ALLERGY ADVICE				GL, MK	MK, GL	MK, GL	MK

ALLERGY NOTICE

GL = GLUTEN E = EGGS PE = PEANUTS N = NUTS MK = MILK S = SOYA M = MUSTARD LU = LUPIN F = FISH
CR = CRUSTACEANS MO = MOLLUSCS SE = SESAME CE = CELERY SU = SULPHUR DIOXIDE (week 3)