

**HAWKINGE HOUSE**  
**MENU FOR WEEK COMMENCING MONDAY 10<sup>th</sup> AUGUST 2020**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>COOKED BREAKFAST</b>	<b>COOKED BREAKFAST</b>	<b>COOKED BREAKFAST</b>	<b>COOKED BREAKFAST</b>	<b>COOKED BREAKFAST</b>	<b>CRUMPETS</b>	<b>BACON SANDWICH</b>
<b>ALLERGY ADVICE</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL, E</b>	<b>GL, E</b>	<b>E</b>	<b>GL</b>
<b>LUNCH MAIN CHOICE</b>	<b>BRAISED PORK IN A HONEY AND MUSTARD CIDER SAUCE</b>	<b>PASTA BOLOGNISE WITH GARLIC BREAD</b>	<b>ROAST TURKEY WITH VEGTABLES AND STUFFING</b>	<b>SAUSAGE CASSEROLE WITH MASH AND FRESH VEGETABLES</b>	<b>BATTERED FISH OR SAUSAGE, CHIPS AND MUSHY PEAS</b>	<b>SHEPHERDS PIE With FRESH VEGETABLES</b>	<b>ROAST PORK WITH ROAST POTATOES &amp; FRESH VEG</b>
<b>ALLERGY ADVICE</b>	<b>CE, GL, S</b>	<b>MK, GL, E, CE</b>	<b>CE, GL, MK</b>	<b>GL, E</b>	<b>GL, CE</b>	<b>GL, CE</b>	<b>GL</b>
<b>LUNCH ALTERNATIVE CHOICE</b>	<b>COD AND SPINICH GRATIN</b>	<b>MUSHROOM STROGANOFF AND RICE</b>	<b>VEGETABLE AND PASTA BAKE WITH GARLIC BREAD AND SALAD</b>	<b>VEGETABLE KORMA</b>	<b>COD MONAY WITH MASH AND PEAS</b>	<b>CAULIFLOWER CHEESE</b>	<b>POACHED SALMON</b>
<b>ALLERGY ADVICE</b>	<b>F GL MK</b>	<b>GL MK</b>	<b>MK CE SU GL</b>	<b>MK GL E</b>	<b>GL CE</b>	<b>GL</b>	<b>F</b>
<b>DESSERT</b>	<b>RICE PUDDING WITH JAM</b>	<b>JAM ROLY POLY</b>	<b>TREACLE TART WITH WHIPPED CREAM</b>	<b>APPLE UPSIDE DOWN CAKE</b>	<b>CHOCOLATE PUDDING</b>	<b>JAM AND COCONUT SPONGE</b>	<b>FRUIT CRUMBLE</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>GL</b>	<b>GL MK E</b>	<b>E MK GL</b>	<b>E MK GL</b>	<b>E MK GL</b>	<b>GL MK</b>
<b>SUPPER</b>	<b>FISH FINGERS WITH CHIPS AND SPAG HOOPS</b>	<b>ASSORTED SANDWICHES/SAUSAGE ROLLS</b>	<b>JACKET POTATO WITH CHEESE AND BEANS</b>	<b>ASSORTED SANDWICHES/SAUSAGE ROLLS</b>	<b>BACON AND ONION TART WITH NEW POTATOES AND SALAD</b>	<b>BEANS ON TOAST</b>	<b>ASSORTED SANDWICHES OR CHEESE AND BISCUITS</b>
<b>ALLERGY ADVICE</b>	<b>MK</b>	<b>F E, MK, CR</b>	<b>GL.MK.CR</b>	<b>MK GL M</b>	<b>GL, MK</b>	<b>GL</b>	<b>GL, E</b>
<b>DESSERT</b>	<b>FRUIT JELLY</b>	<b>BANANAS AND CUSTARD</b>	<b>STRAWBERRY MOUSSE</b>	<b>SEMOLINA WITH JAM</b>	<b>ICE CREAM</b>	<b>CRÈME CAMEL</b>	<b>FRUIT COCKTAIL AND CREAM</b>
<b>ALLERGY ADVICE</b>	<b>GL, MK</b>	<b>GL, MK</b>	<b>GL, MK, E, S</b>	<b>GL, MK</b>		<b>MK</b>	<b>MK</b>

**ALLERGY NOTICE**

**GL = GLUTEN    E = EGGS    PE = PEANUTS    N = NUTS    MK = MILK    S = SOYA    M = MUSTARD    LU = LUPIN    F = FISH**  
**C R = CRUSTACEANS    MO = MOLLUSCS    SE = SESAME    CE = CELERY    SU = SULPHUR DIOXIDE**